

A Guide for an Early Help Meeting being delivered in a Signs of Wellbeing Format

Introductions

- Signing in sheet- Get the names and contact details of everyone at the meeting so that they can receive a copy of the plan
- Introductions/apologies- Get people to introduce themselves so everyone knows who is attending the meeting, apologies from people who couldn't make the meeting but still need to know what is discussed.
- The Lead worker talks about why we are having an early help meeting

What is working well?

- Lead worker will share what is working well from the assessment. For Example : What are the things we are happy about? e.g. are the children doing well at school? Has there been positive changes?
- What or who is helping the children to make us less worried?
- What would the children say is going well?
- Ask everyone including the family to contribute and update the ongoing assessment if necessary

What are we worried about?

- The Lead worker will share the worries from the assessment and talk about why we are having an early help meeting
- Worry statements- Who is worried and what are they worried about
- Ask everyone including the family to contribute and update the ongoing assessment if necessary

Scaling Question

- Lead worker to share the scaling question and ask each person at the meeting to scale and explain their reasons why.

What needs to happen?

- Timeline/ Family journey What needs to happen so that everyone at the early help meeting is less worried about the children?
- Who needs to do what and when will they be able to do it? (This can include actions for the family rather than just services)
- Set a date for the next meeting